



Norwegian Epic; Western Mediterranean VIA Cannes - 8 Night Cruise & Stay

Begin your journey in vibrant Barcelona, where a pre-cruise stay lets you soak up its culture, cuisine, and iconic architecture, before boarding the spectacular Norwegian Epic for an unforgettable Western Mediterranean escape.

Cruise along sun-drenched coastlines to the glamour of the French Riviera, with a stop in Cannes—stroll elegant promenades, explore charming old towns, and soak up timeless sophistication.

Extend your getaway with an optional stay in Rome, the perfect finale, where ancient history, world-famous landmarks, and incredible cuisine await.

Highlights:

- Explore Barcelona, Spain at your own pace before boarding your cruise.
- Then, unwind aboard Norwegian Epic, with access to world-class spa facilities, dining, bars, and onboard entertainment.
- Sail along the glittering coastline of the French Riviera stopping in Cannes.
- Explore the heart of Tuscany with a visit to Florence's stunning historic centre, marvel at Pisa's iconic Leaning Tower.
- Discover Messina's beautiful harbour, historic architecture, and vibrant food scene. Stroll Piazza Cairoli, admire its fountains and cathedrals, or relax with a glass of Marsala wine.
- Discover Salerno's rich history, from ancient settlements to Europe's first medical school, and enjoy its sun-drenched beaches, historic sites, and delicious local cuisine along the stunning Amalfi Coast.

What's included:

- Dates: Various dates available through 2026.
- Getting there: Flights to Barcelona.
- Getting home: Flights from Rome.
- Transfers: Private transfers between airports, hotels, and ports as detailed.
- Accommodation: 8 nights in total; – including 1 night at the 3* H10 Montcada, Barcelona (or similar), 7 nights aboard Norwegian Epic.
- Meals: Room Only in Barcelona, Full board on Norwegian Epic.
- Free At Sea included aboard Norwegian Epic (includes drinks, speciality dining options, WiFi, and \$50 shore excursion credit per port).

Not included:

- Pre-paid gratuities - these can be added for an additional cost.
- Meals (other than those mentioned in the itinerary), additional drinks, tips, and personal expenses.
- Optional excursions and tours throughout itinerary unless otherwise stated.
- Travel insurance.
- Anything not specifically mentioned under the "What's Included" section.

Full Itinerary

Day 1: Fly from the UK to Barcelona, Spain

Arrive into Barcelona Airport, where your transfer will be waiting, sit back and relax as you're taken to your hotel.

Spend your afternoon at leisure in Barcelona, whether that is strolling through the lively streets of the Gothic Quarter, enjoying tapas at a local restaurant, shopping, or exploring the city's iconic landmarks.

Accommodation: 3* - H10 Montcada (or similar).



Day 2: Embark Norwegian Epic

Enjoy your final morning in Barcelona, taking in the last of the sights, before meeting your transfer to take you to port. Here, you'll embark on your cruise aboard Norwegian Epic, scheduled to depart at 17:00.



Day 3: Provence (Marseille), France

Arrive to Provence (Marseille), France at 07:00. Departs at 17:00.

Perched on the sparkling Mediterranean, Marseille is France's oldest city, founded in 600 BC. Wander among terracotta-roofed streets and marvel at sights like the Cathedral of Notre-Dame-de-la-Garde. Don't miss nearby treasures such as Avignon or the charming villages of Le Baux and Aix-en-Provence, a captivating stop on your Mediterranean cruise.



Day 4: Cannes, France

Arrive to Cannes, France at 07:00. Departs at 18:00.

Head up Suquet Hill for sweeping views of the city, sea, and the Lérins Islands—simply fabulous! Stroll along the palm-lined Promenade de la Croisette and see how many of the rich and famous you can spot. This is the French Riviera at its finest, and home to the world-renowned Cannes Film Festival. Discover more of Cannes on a European cruise.



Day 5: Florence/Pisa (Livorno), Italy

Arrive to Florence/Pisa (Livorno), Italy at 07:00. Departs at 23:59.

Discover the timeless beauty of Tuscany with visits to Florence and Pisa. Stroll Florence's historic streets at your own pace, admiring Santa Croce, the Piazza del Duomo, and Michelangelo's David. In Pisa, delight in the charm of its cobbled lanes and the world-famous Leaning Tower. Immerse yourself in the art, history, and culture of this extraordinary region.



Day 6: Day At Sea

Take time to explore the impressive facilities aboard Norwegian Epic and make the most of your 'Free At Sea' perks.



Day 7: Messina (Sicily), Italy

Arrive to Messina (Sicily), Italy at 07:00. Departs at 18:00.

Discover Messina, Sicily's third-largest city at your own pace, with its beautiful harbour, historic architecture, and vibrant food scene. Stroll Piazza Cairoli to admire magnificent fountains and cathedrals, or relax with a glass of Marsala wine at a sidewalk café.

Day 8: Salerno, Italy

Arrive to Salerno, Italy at 07:00. Departs at 18:00.

Nestled on the Amalfi Coast, Salerno is a city of rich heritage, from ancient settlements to Medieval Europe's first medical school. Wander sunlit beaches, parks, and historic streets at your own pace, and savour the flavours of this vibrant coastal gem.



Day 9: Rome (Civitavecchia), Italy to the UK.

Arrive in Civitavecchia for your final day, where you can soak up the last moments of your journey before heading home. Take time to enjoy the relaxed coastal atmosphere, explore the harbour, or simply unwind as your trip comes to a close.

If you're not quite ready to leave, why not extend your holiday with an additional night in nearby Rome? Discover iconic landmarks, indulge in authentic Italian cuisine, and make the most of your time in one of the world's most captivating cities before your return.



HOW CAN I BOOK?

You can contact Sales Team on 0800 254 0310.

WHAT IS THE DEPOSIT AMOUNT?

£59 Per person.

WHAT IS THE BOARD BASIS?

Cruise is full board, your hotel stay is room only in Barcelona.

CAN I UPGRADE MY PACKAGE?

Yes, depending on availability. Please contact our Sales Team 0800 254 0310.

CAN I CHANGE THE HOLIDAY PACKAGE AND FLIGHTS TO ADD MORE DAYS OR DESTINATIONS ELSEWHERE?

Yes, we can help. Please contact our Sales Team 0800 254 0310.

ARE THE ITINERARIES THE SAME ON ALL DATES?

No, there are two options with a slight difference which can be found on our website <https://agents.coopholidays.co.uk/holidays/cruise/cruise-stay/ncl-cruises/>

VISA

For citizens with British passport holders a VISA for Spain, France or Italy is not required. Full details can be found on the gov.uk. Your passport needs to valid for the duration of your stay.

WHAT DOES FREE AT SEA INCLUDE?

Specialty dining, drinks package, WiFi and \$50 shore excursion credit per port.

INFORMATION ABOUT YOUR CRUISE

Free At Sea is part of your package.

Prepaid gratuities are not automatically included in your cruise fare but can be added at the time of booking at an additional cost.

For your comfort and convenience, guests who have not completed their Online Check-In should arrive at the cruise terminal no later than two hours prior to the scheduled embarkation time printed on your cruise documents. Guests who have completed their Online Check-In should arrive at the terminal no later than one hour prior to the scheduled embarkation time printed on your cruise documents.